

Tobacco Free Fun!

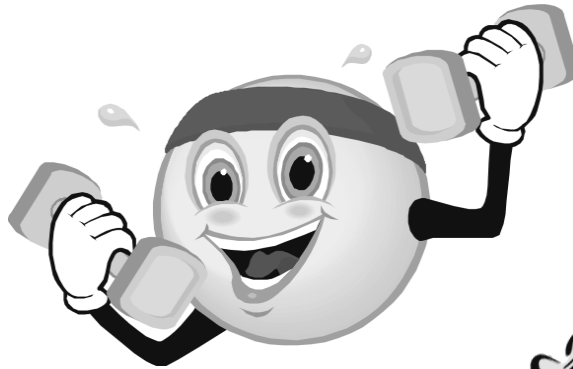
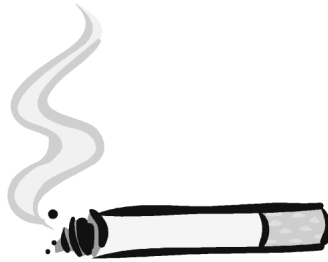
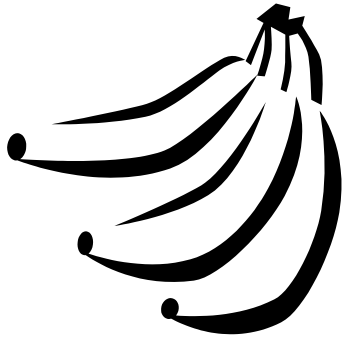
Ages 6-11



This is ME  
smoke-free!

Draw a picture of yourself wearing this cool shirt!

Put a box around everything that is good for your body.



Circle how you would feel if you saw someone you know using tobacco.



Happy



Afraid



Suprised



Mad



Shocked

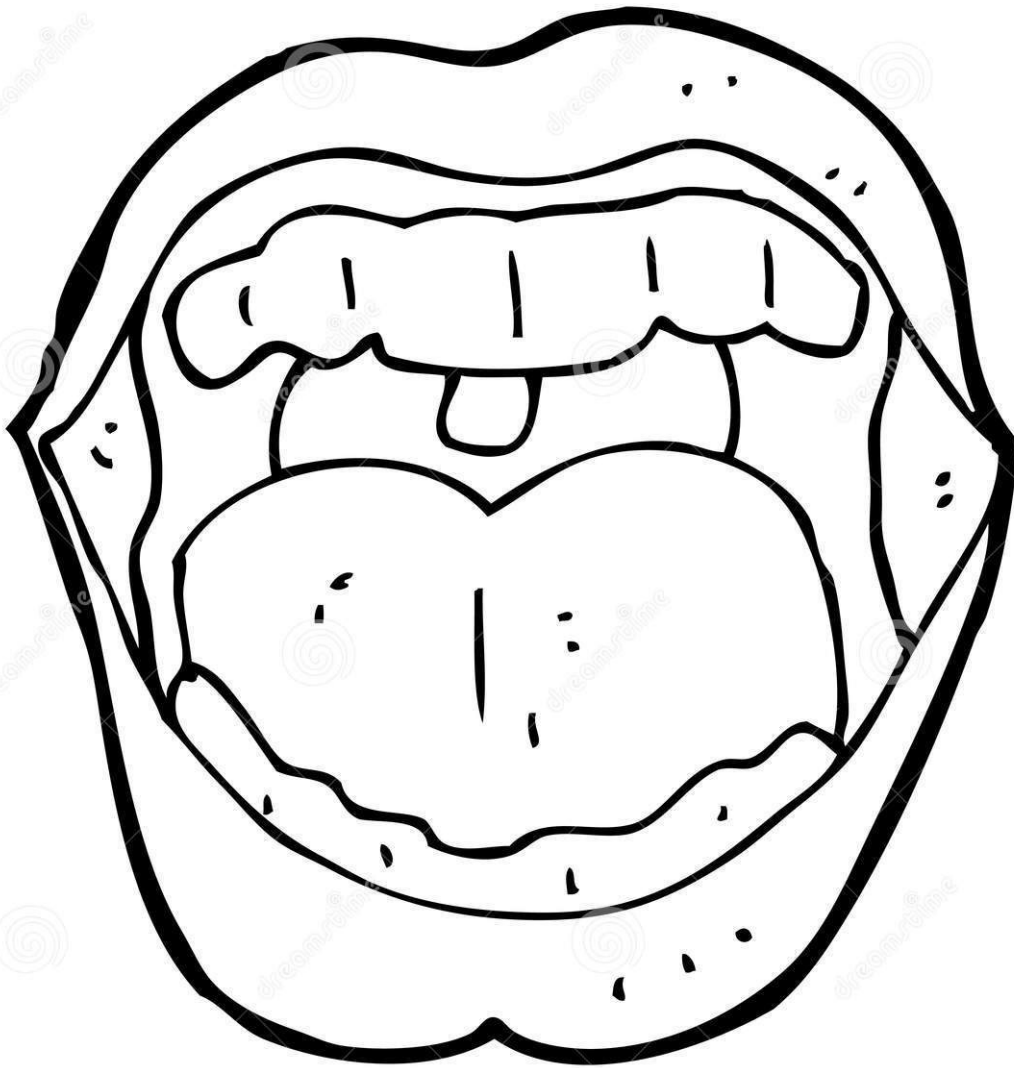
Color in what a smoker's mouth might look like:

Color the lips **RED**

Color the gums **GRAY**

Color the tongue **PINK**

Color the teeth **YELLOW**

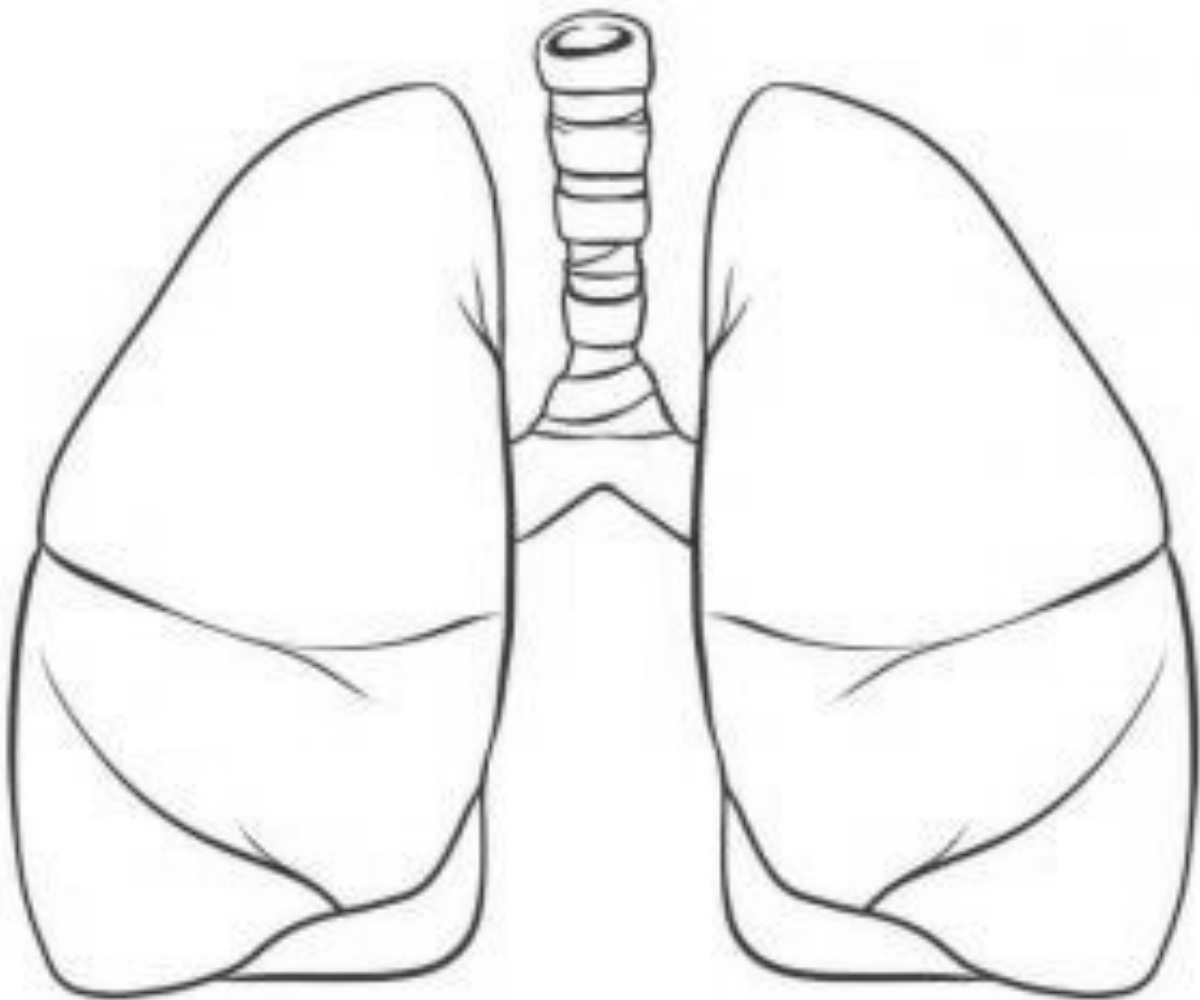


Smoking makes your lungs sick and unhealthy.

Smokers have lungs that are gross and black.

Non-smokers' lungs are healthy and pink.

Draw a picture of what a smoker's lung would look like next to a non-smoker's lung.

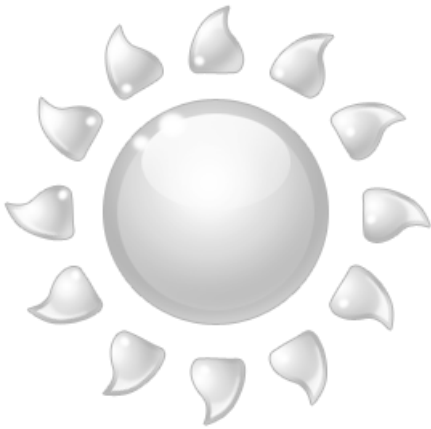


SMOKER

NON-SMOKER



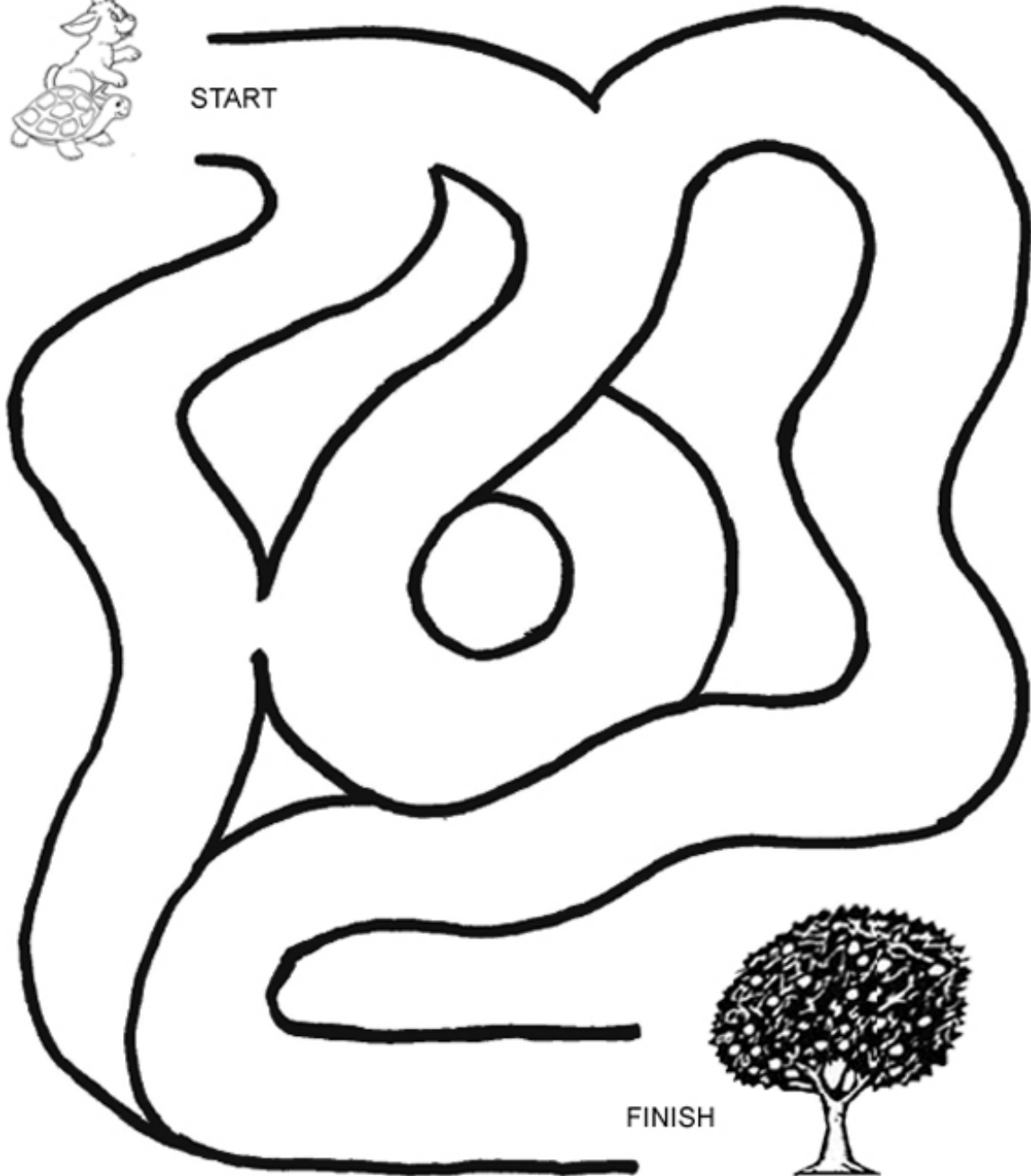
Smoking cigarettes makes our air dirty and gross. Draw a picture of what our world would look like if everyone smoked.



Help the animals find their way to good health!



START

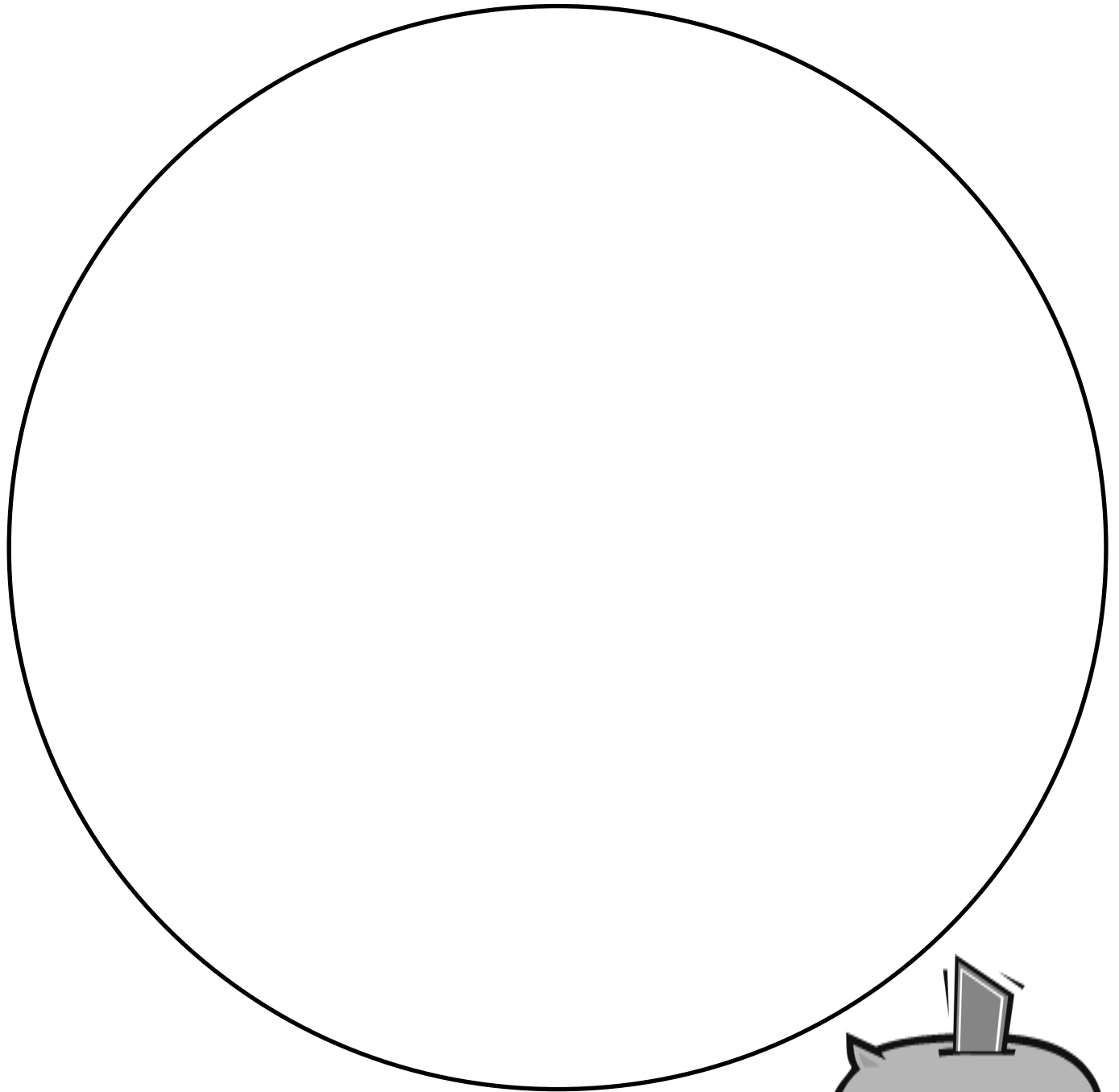


FINISH



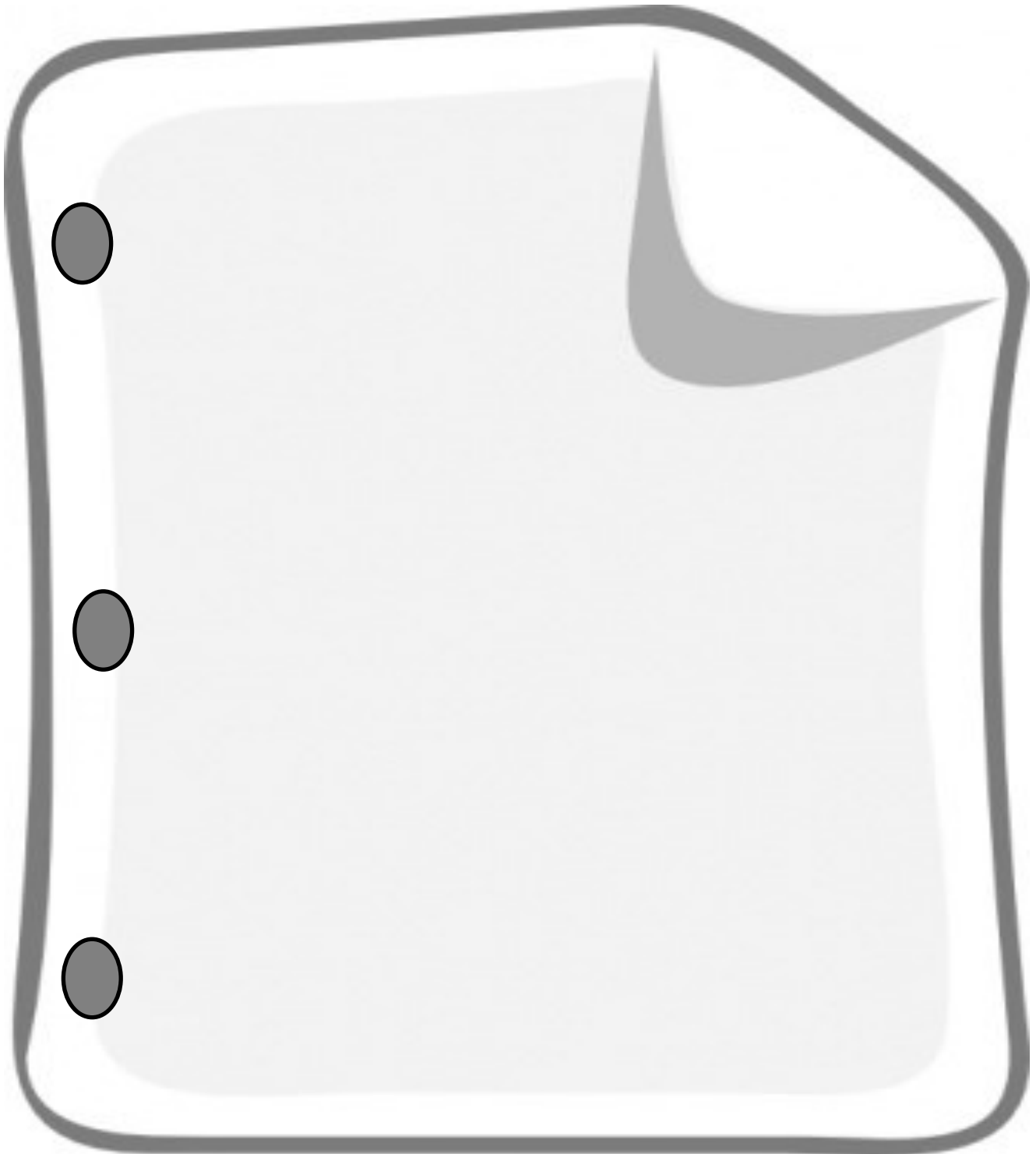


If you smoked one pack of cigarettes a day for an entire year, you would spend over \$2,000! That's the same as buying a 10 X-Boxes. Draw a picture of what you would buy with the money you save from not smoking.



**It's cool to be tobacco-free!**

**List some fun things you could do that doesn't  
involve smoking, drinking or doing drugs?**



# Anatomy of a Smoker

Draw and label what would happen if Jack and Jill used tobacco.

Make sure to include: yellow teeth, stinky breath, early wrinkles, yellow stains on fingers, burn holes in clothing, stinky hair, stinky clothes and any other things you can think of!





## Tobacco Teasers

See if you can fill in the missing letters to read the hidden messages.

Smoking makes you C O \_ \_ \_.

Your lungs turn \_ L A \_ \_ when you smoke.

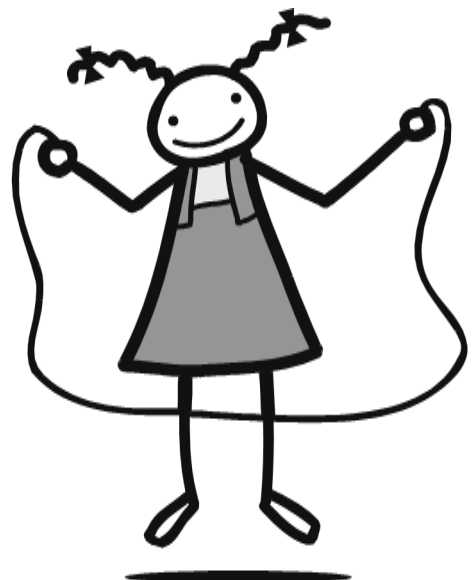
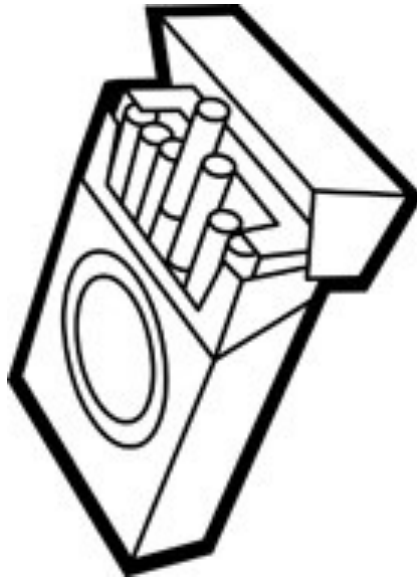
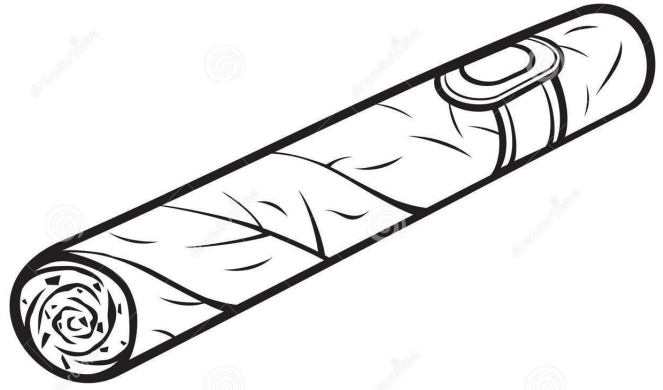
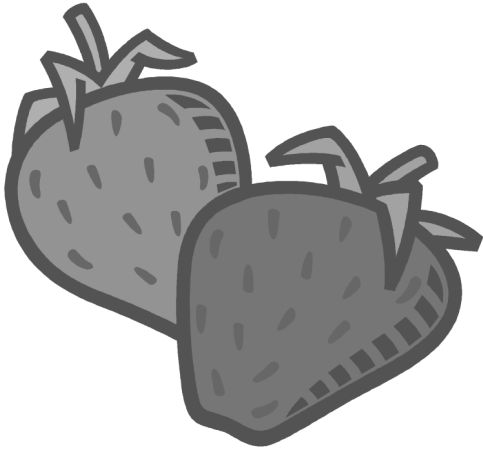
Smoking can cause house \_ I R \_ \_.

You can get C \_ \_ C E \_ from smoking.

Missing letters:

U A G S I E R N A F K B C

Draw an X through things that are yucky for your body.



Draw a picture of how you and a friend feel  
when you are tobacco –free!

